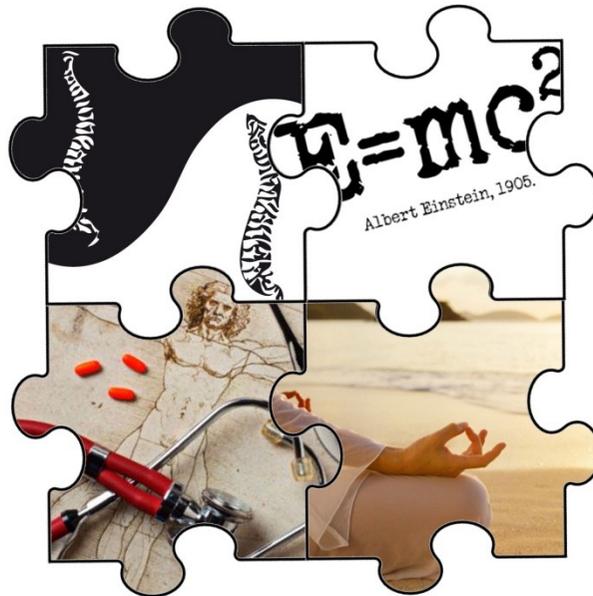


European College of QINOpractic Medicine

QINOPRACTIC



Through excellence we create once-in-a-lifetime courses, every time.



Providing unique and intriguing courses that provide you with a set of tools that will transform your clients outcomes.

QINOpractic Practitioner Program



100% Money back guarantee...



European College of QINOpractic Medicine, London and Fuengirola, Spain
Whatsapp +46 707 996636 - www.QINOpractic.com - info@QINOpractic.com



The European College of QINOpractic Medicine (ECQM) specialises in courses for physical therapists, massage therapists, NMT and other healthcare practitioners. All courses are a direct result of clinical experience spanning over 28 years and we place considerable emphasis on the therapist as well as those being treated.

ECQM provides you a whole new way of treating clients/patients, with a much broader understanding of how the body works on multiple levels.

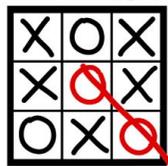
QINOpractic begins with the assumption that function, structure and emotion are interdependent and cannot be evaluated or treated separately. Problems, issues and conditions within our neuroskeletal structure and joints causes an imbalance in the overall function of the body and vice versa.



Our courses are designed to teach practitioners how to assemble the puzzle, to understand the greater picture, the underlying causes of pain, why issues occur and reoccur. We'll establish a protocol for long-term relief and healing, not just treat the symptoms.

QINOpractic is the unique sum and combination of knowledge, wisdom, and philosophy from Eastern Medicines and Chiropractic melded together with modified techniques from Kinesiology, Osteopathy and different European Soft Tissue and Massage Therapies (among them, Myofascial and Swedish) into a holistic, 'wholebody' treatment protocol.

**THINK
OUTSIDE
THE BOX**



"The Doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease." Thomas Edison

The European College of QINOpractic Medicine seeks to be on the leading edge to form these future care takers.

We're very confident that our courses holds the highest standard and for that reason we offer you 100% money back guarantee. If you are not happy with the course, we'll refund the full course fee. No hassle.

Fuengirola, Spain 2022-04-03



Mikael Dahlstrom, Founder and Principal European College of QINOpractic Medicine, Doctor of Chiropractic, Applied Kinesiology practitioner; Acupuncturist, Neuro Muscular Therapist, Swedish Massage Therapist, author and lecturer.

Courses in QINOpractic medicine is accredited by the CThA and STO for 20 credits in the UK, (same as Continuing Education Units) and as a valid CPD course by other associations. Approved by Balens, Holistic Insurance and BGiUK for insurance. BGiUK also insures QM practitioners across Europe





What is QINOpractic Medicine?

QINOpractic Medicine is a complementary and alternative health care profession with the purpose of assessing and treating mechanical disorders.

QINOpractic uses a holistic treatment approach to recognise the body's innate neurological intelligence to organise, maintain and self heal.

Founder:

QINOpractic was founded by Dr Mike Dahlstrom in 2005.

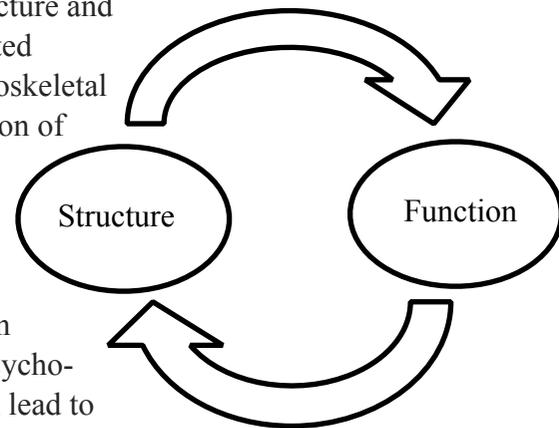


Philosophy and approach to healthcare/wellness:

The QINOpractic perspective reflects a holistic, wholebody treatment approach to healthcare.

QINOpractic is non-invasive and recognises the dynamics of lifestyle, environment, and health. This treatment appreciates the multifactorial nature of structural, chemical, emotional and psychological influences on the nervous system and indeed the whole body.

QINOpractic begins with the assumption that function, structure and emotion are interdependent and cannot be evaluated or treated separately. Problems, issues and conditions within our neuroskeletal structure and joints cause an imbalance in the overall function of the body.



These imbalances in function, disturbances in muscles, circulation, nerve function, inner organs, and glands to name a few, can lead to changes in muscular balance and overall physiological and psychological functions. Structural problems, in turn, can lead to

disturbances in nerve function and signal flow, resulting in biochemical changes and output of pain.

Chemical imbalances, negative thinking, stress, and muscular tension often lead to structural disturbances. Well-being is the result of a healthy balance between structure, psyche and chemistry.



In all our courses, we place a strong emphasis on understanding the various chains of movement throughout the body. Similar to a chain, or dominoes falling, it's always the weak link in the body which is the first to give. A muscular imbalance can lead to fatigue and pain throughout the entire system.

During the QINOpractic courses, you will learn a number of different, very effective, techniques which can be used immediately after attendance. Techniques that will enhance your competence and expertise as a therapist.

You will learn to be an expert in recognizing the signs that present themselves prior to the manifestation of a problem. Learn how the weakened "dominoes" of the body fall, and how to set them upright again.





Goal of Treatment:



The goal of a QINOpactic treatment is to aid the body in the removal of disturbances which affect the nervous system, restore balance and function to the muscles, specifically those which control spinal movement, thereby allowing the body to function in a more dynamic fashion.

QINOpactic Treatment:

QINOpactic treatment always includes a thorough examination combining: soft tissue and joint palpation, a number of neurological and orthopedic tests, postural analysis, and a series of diagnostic muscle tests.

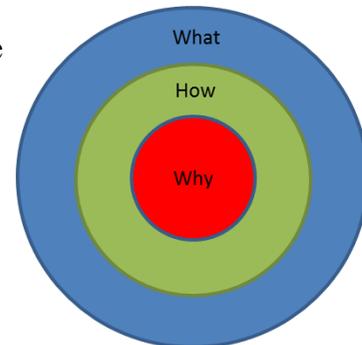
After the examination, a diagnosis of the problem is given, and a treatment plan is devised with the goal of normalizing the disturbances in range of motion, and any muscular imbalances. HOWEVER...



QINOpactic Medicine operates from a different direction than other practitioners. While other therapists operate from outside and in - *What* to do, then *How*, we look at things from the other direction.

Why do they have this or that issue, then we move outwards to *How* can we help them, and then *What* technique is best suited for "*the Why*"?

This approach requires that you have a deep and thorough understanding of not only the physical body but also about emotional and mental aspects of healing, to re-write faulty patterns and of course a vast selection of techniques at your hand.



One of our pillars, don't worry, we will teach you.

All treatment plans are determined by diagnosed dysfunction.



Treatment Techniques:

All techniques that we use are non-invasive & most of them are pain free as well.

The techniques we use are already existing techniques from Kinesiology, Osteopathy, soft-tissue techniques, Massage Therapy, SOT, DeJeanette blocks, EFT, Strain and Counter strain, NLP, Eye movement Therapy, and so on.

Visit our website: www.QINOpactic.com to read more the techniques we use.

QINOpactic treatments however does not only focus on restoring muscular imbalances, but also tends to emotional and mental imbalances as well. This in order to activate the body's self regulating and self-healing power and returning the body to a state of homeostasis (balance).





QINopractic - Module 1

Give us 4 days- We'll give you a new life



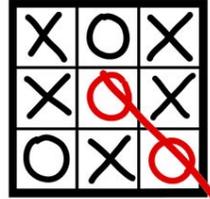
This unique four day seminar combines classroom lecture with hands-on practice to provide a solid foundation for attendees to understand different types of functional testing, applicable techniques with a greater understanding why problems (pain, discomfort) keeps re-occurring.

QINopractic places a strong emphasis on function and the physiology of the body. Understanding both the neuro-muscular and patho-physiological roles is vital for the practitioner in order to understand and predict how the body will react to particular stress and trauma. This understanding will prevent misdiagnosis and ensure treatment is accurate leading to desired outcomes and effective results.

The first stage of Module 1 will give you a number of valuable techniques, which can be used on a daily basis when treating your patients. These include:

- Physiology of pain and why some experience pain whilst others do not
- Nature of chronic and reoccurring pain
- Education tools to assist your patients in preventing injuries
- Rehabilitation techniques
- Identifying the subtleties of presenting complaints to indicate status of injuries.

**THINK
OUTSIDE
THE BOX**



Module 1 focuses on providing a thorough working understanding of the kinetic chain. Integrating this concept with the muscle testing of kinesiology will push you a step ahead in your competencies as a therapist.

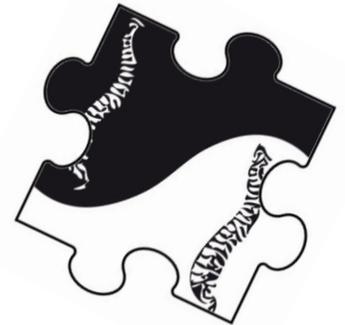
Module 1 will leave you very well equipped to treat your clients, free them from a vicious cycle of pain.

You will explore topics including:

The effects of stress on the system as a whole
Techniques to address Temporal-Mandibular Joint (TMJ) and Hip dysfunction
Stability and rehabilitation training

Module 1 Course Content:

QINopractic Philosophy	Integrated Rehabilitation
Muscle Testing and Diagnostics	Body Reading
Anatomy & Physiology	Functional Neurology
Neurophysiology	Differential Diagnosis
Analysis of Pain	Physiology
Biomechanics	A variety of treatment techniques.
Stress and Stress Reactions in the Body	
Applied, Physiological and Neurological Kinesiology	



Techniques:

Applied Kinesiology treatment techniques (for example TMJ and Pelvic Dysfunction treatment)
Chiropractic soft tissue application

Course length:

4 days (9 am-5 pm)

Prerequisite:

- UK, Ireland and Scotland: Level 3 Certificate in any Therapy where Anatomy and Physiology is a part of the curriculum.
- The rest of Europe: Minimum a level of education in the Complementary Medicine field that entitles you to a certification to practice in your Country and have adequate insurance.

It is not until you get lost that you can find new paths...





QINopractic - Module 2



Module 1 focused on understanding the neuro-muscular and patho-physiological roles as well as a basic understanding on how complex we are as species. This understanding will prevent misdiagnosis and ensure that your treatment is accurately leading to the desired outcome.

An incorrect diagnosis and / or lack of understanding of functional mechanisms can lead to an incorrect treatment or not getting the required effect/result.

The second module highlights core stability as a fundamental aspect of the maintenance of biomechanical stability.

Proper brain function is essential in training of these core muscles. Without proper communication, a training session will be poorly executed and increases the probability of resulting in injury.

These 'core' muscles consist of the pelvic floor and the muscles of the abdomen and lower back. In an optimum state, these muscles are fully functional and work together in a state of neurological integration. However, disruption to this balance leads to poor function and a number of symptoms including back and pelvic pain, incontinence and sciatic pain can occur. We started this work in Module 1, and now it is time to bring in the big guns:)

In the final stages of completing this course and becoming a QINopractic Practitioner, you will learn a number of solid techniques, primarily from Kinesiology and Osteopathy.

Module 2 Course Content:

Muscle Testing

Diagnostics

Applied & Physiological Kinesiology

Neuro Physiology

Differential Diagnosis

Chinese diagnostic and Medicine

Core Stability

Stress and Stress physiology

QINopractic philosophy

Theory and Ethics

Advanced Kinesiology

Techniques:

Osteopathic

Chiropractic soft tissue application

Cranial, Cranio-Sacral and Meningeal treatment

QINopractic Medicine Protocol

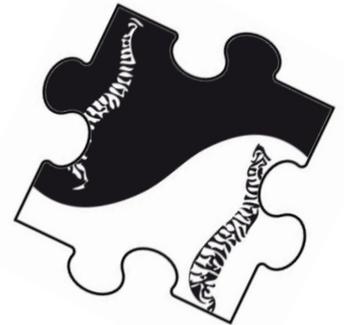
Chinese Alarm points

Course length:

4 days (9 am-5 pm)

Prerequisite:

Module 1



It is not until you get lost that you can find new paths...





QINopractic - Module 3



This is the final step to becoming a QINopractic Practitioner, provided you pass the exam and the practical test...

Here we work with very hands-on techniques, including a type of mobilization (not chiropractic adjustment), but not the same mobilization technique taught at other schools.

There is another big difference with what we do, and that is that we use muscle testing as a measuring instrument where we should mobilize or rather correct the imbalance.

But the most important thing is that here we tie the bag and get a greater understanding.

The last days are devoted to Neurological Balancing, where we work, for example, on synchronizing energy and the right and left brain hemispheres.

Pain in the musculoskeletal system is becoming increasingly common. You could say that it is our new national disease.

There are lots of therapists and doctors who try to treat this "unfortunate" group, but unfortunately, the treatment results are rarely lasting (partly because of the people themselves) and the problems come back again and again. Why?

The cells and we as cellular communities adapt to the prevailing conditions. So... IF a misalignment exists, we adapt to it. Human beings as a species have come so far in their development thanks to an incredible ability to adapt.

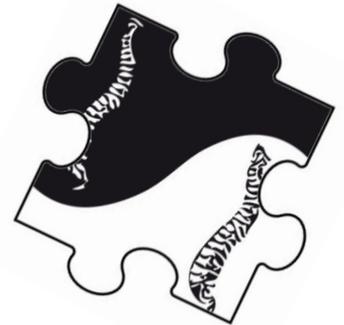
Module 3 Course Content:

Neurological and physiological Kinesiology, Neuromuscular muscle testing, Diagnostics, Rapid Eye Movement therapy, Neurology and physiology, Innate reflexes, Gait control, Atlas Release, Stress and how this affects the body and healing etc.

During these days we will learn 2 different techniques to release the Atlas vertebrae.

Techniques:

- Osteopathic
- 2 forms of Atlas Release
- Neurological Calibration and Emotional Neurological Calibration
- Rapid Eye Movement Therapy
- Postural reflexes
- QINopractic Medicine Protocol
- Chinese Alarm points



Course length:

4 days (9 am-5 pm)

Prerequisite:

Module 2

It is not until you get lost that you can find new paths...

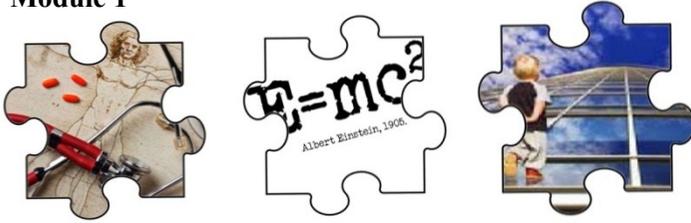




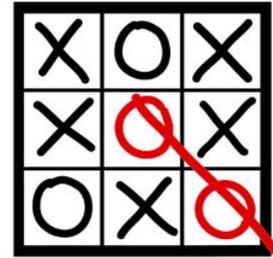
Different Levels

There are now only one levels/titles in QINOperactic Medicine: **Certified practitioner.**

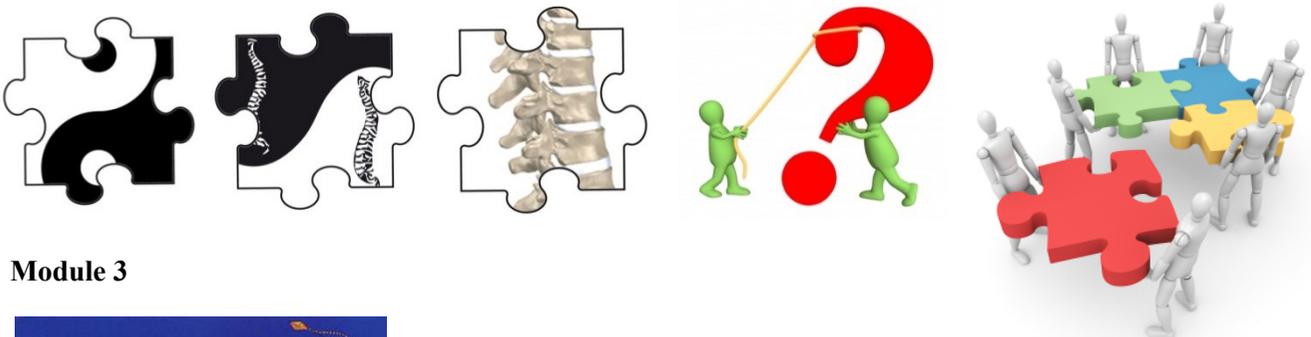
Module 1



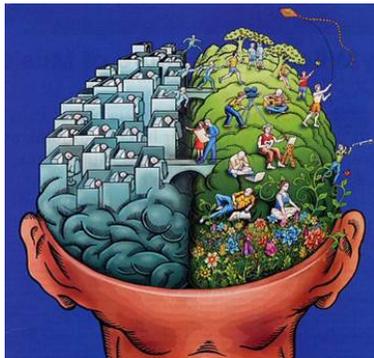
THINK OUTSIDE THE BOX



Module 2



Module 3



Certified QINOperactic Practitioner:

In order to receive the diploma you must fulfill the following criteria / courses:

- 1, A minimum training of certified massage therapist or equal in your country (and have a license to practice as such).
- 2, You must complete module 1 and 2
- 3, You have to pass 2 written exams and 2 practical exams
- 4, You must have completed at least 120 case studies
- 5, You must be in agreement with QINOperactic principles and ethics.

After this you will receive your Certificate in QINOperactic Medicine.



From Module 1:

"A very heavy course finished a certificate received . The Qinoopractic medicine is the most fascinating thing I've done in a long time. Mentally exhausted would be an understatement but absolutely brilliant.

Thank you [Mike Dahlstrom](#) you are an amazing teacher."

Dawn Rothwell, Senior tutor at Active Health Group and over all horse wizard





Mental aspects of QINOpactic Medicine

QINOpactic Medicine is 3 different blocks, after that, or before, you can attend one of our independent weekend courses that are outside the QINOpactic Program. These courses are more geared towards mental/emotional issues

Independent weekend courses.

Rehab and Strain & Counterstrain.

Here you learn many great exercises for low back pain and some wonderful techniques, like Neuro-acupuncture and Atlas Release.

Neurological Calibration plus some Kinesiology techniques

Here we start to take you into the wonderful world of our brain and the subconscious part of our brain.

Emotional Release Technique and NLP

Here we start to take you into the wonderful world of our brain and the subconscious part of our brain.



Anti-Stress Therapy

Our journey in our subconscious mind continues.



PSYCH-K, Brain Gym (Educational Kinesiology)

The wonderful world of re-programming subconscious beliefs that limits our everyday life

Applied Energetic Synchronization Therapy (EST).

A treatment technique that addresses deep traumas that prevents healing from taking place.

If you want to know more about these courses, go to www.QINOpactic.com

QINOpactic Medicine: Beyond Sports Massage



It's all about Performance...

... Peak Performance..





Key Notes:



First international course...

The very first course in QINOpactic Medicine is now completed. During this international course we had 7 participants from all over the world: Australia, USA, Belgium, Finland, Slovakia and England... 3 Doctor of Chiropractic and 4 Sports Massage Therapist.



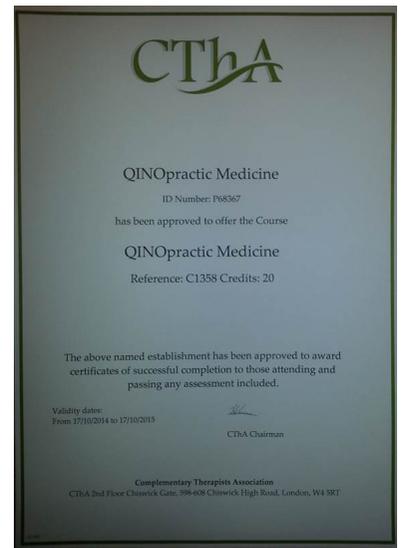
CONGRATULATIONS

"Each year, the US Institute for Advancement of Trade & Commerce (USIATC) panel identifies British firms that have demonstrated excellence in their respective fields and achieved commercial recognition. Kinopractic LTD and the European College of Qinopractic Medicine has been selected this year. This award exemplifies that distinguished accomplishment."

Continuing Education Units in the UK



Insurance | Risk Management



Some underlying thoughts / Philosophies

